

# Brookwood Senior Centre Groups-at-a-Glance

Class times subject to change. Last updated March 24, 2026

## FOOD AND FRIENDS

First and Third Thursday each Month: 11:00am - 2:00, Contact Sandra at 604-575-2414

## GAMES

- **Pool** – Tuesdays and Thursdays 9:00 am - noon.  
Want to book a different time? Contact Lynne at [lynnehasane@gmail.com](mailto:lynnehasane@gmail.com).
- **Chess** – Monday 7:00pm - 10:00, Contact Hugh at 604-530-4693
- **Duplicate Bridge** – Wednesday and Friday: Noon - 4:00, Contact Bernice at 604-530-1094

## FITNESS

- **Toning with Gaby** – [maricarmenhillmer@gmail.com](mailto:maricarmenhillmer@gmail.com)  
Monday, Wednesday, Friday: 9:00am - 10:30. Thursday: 9:00am - 10:00
- **Zumba with Anett** – [zumbawithanett@gmail.com](mailto:zumbawithanett@gmail.com) Tuesday 9:30am to 10:30

## DANCE

- **Line Dancing with Peggy Thomson** – 604-534-0299 [dancingbears@telus.net](mailto:dancingbears@telus.net)
  - Monday: 1:45 pm - 3:45 (Intermediate)
  - Tuesday: 1:30 pm - 3:00 (Beginner +)
  - Thursday: 1:45 pm - 3:45 (Intermediate)
  - Friday: 4:15 pm - 5:15 (Beginner)
- **Synergy – Maggie’s Line Dance** – [mpecchia\\_2@icloud.com](mailto:mpecchia_2@icloud.com)
  - Sunday: 6:30 pm - 9:00 (Inter/Adv)
  - Thursday: 6:00 pm - 7:00 (Impr/Interm), 7:00 pm - 9:30(Interm/Adv)
- **Square Dancing** –
  - Tuesday: 7:00 pm - 10:00 (Plus Level)
  - Wednesday: 7:00 pm - 10:00 (Beginner/Mainstream)

## CRAFTS

Contact Simone at [simone@runlevel7.ca](mailto:simone@runlevel7.ca) to find out when the “Generally Crafty People” will meet next for one of their all-day crafting and Scrap-booking marathons.  
Look for “Langley Scrapbookers” on Facebook for more information.

## QUILTING

Contact Lynne at [lynnehasane@gmail.com](mailto:lynnehasane@gmail.com) for information or the group leaders: